# SHELTON POOL RULES & REGULATIONS UPDATED 1-2025

1. **Admission** by presentation of membership ID card or walk-in slip only. Replacement card fee $5/card.
	1. Schedule posted online. Printed copies available in the lobby. Closures/Cancellation recording 203-331-4120.
	2. **Locker rooms open 5 minutes prior to pool opening, and close 15 minutes after pool closure.** Changing/shower times should be accounted for by members. Please exit the locker rooms in a timely manner or face membership suspension.
	3. Lockers available for daily use only, bring your own lock. Shelton Parks and Recreation not responsible for lost belongings.
	4. Shelton Parks & Recreation Department reserves the right to move any swimmer at any time, for any reason, schedule swim lessons, team practices, swim meets, special events, & to limit the capacity of the pool for health & safety reasons at any time.
2. **State Laws and Health Codes:** People failing to follow Health Code will not be allowed to enter the pool.
	1. **ATTIRE- Bathing suits only.** Cut-offs, T-shirts, shorts, basketball/gym shorts, street clothing (anything other than a bathing suit), or disposable diapers are not permitted. (Swim material t-shirts/rash guards/modesty suits are allowed.)
	2. All persons shall bathe with warm water and soap immediately before entering the pool.
	3. Persons with severe infections or cuts are not permitted in the water.
	4. Spitting or blowing of the nose into the pool or gutters is prohibited.
3. **Children in the Pool** - Children under the age of 18 must swim during ALL AGES times.
	1. **Children under 12 years of age must be accompanied into the water and supervised by an adult at least 18 years old**.
	2. **Adults may supervise no more than 2 children under 12 per adult.** Any adult accompanying a child must be no more than one arm’s length away from the child while in the pool. Adults must be in the water and cannot sit/stand on the side or stairs.
	3. **Any child in a floatation device must stay in the shallow end of the pool**. Children must sit out of the pool on a bench if adult leaves the pool for any reason. Children are not allowed to wait on the stairs.
	4. **Infants and untrained children must wear tight fitting vinyl pants.** Disposable diapers or swim diapers alone are not allowed by health code. Order from: [Amazon.com](http://www.amazon.com/Dappi-Waterproof-Vinyl-Diaper-Newborn/dp/B0035JL926), ex. “*Dappi waterproof 100% nylon diaper pants*”
	5. **Children 6 and under** may accompany the opposite sex parent/guardian into the locker rooms. Family bathrooms in lobby.
4. **No diving, running, horseplay, smoking, food, beverages, gum, allowed in the pool area, locker rooms, shower, or gallery.**
	1. No bandages or hairpins allowed. All jewelry and earrings should be removed before entry. P&R not responsible for lost jewelry/belongings.
	2. One person on a ladder at a time. Stairs must be clear at all times. Children cannot play on the stairs.
5. **Life Vest/PFD’s** must be **U. S. Coast Guard approved with visible stamp of approval on the Life Vest**. No other swim aids allowed. Life Vests sized according to weight. Life Vests do not allow children to be left unsupervised.
6. **NO glass containers or bottles allowed in the pool area, locker rooms, shower, or gallery.** Broken glass will cause immediate and extended closure of the pool.
7. **Spectators must remain in the Pool Gallery.** Children must be within an arm’s length of guardian. *Remove street shoes* (ANY footwear worn at any time outside the pool area) upon entering the locker rooms and the pool deck.
8. **Equipment:** Aquatic joggers, barbells, pull buoys & noodles are available for adults (18+). All other equipment requires a doctor’s note for therapeutic use. Children are limited to kickboards only, supervision required. No Beach balls, inner tubes, bubbles, or inflatable toys/swimmies/water wings allowed. Lifeguards can remove any object at any time for any reason.
9. **Lifeguards**: A minimum of 2 lifeguards must be in attendance while the pool is in use. Do not visit with lifeguards on duty.
	1. **Lifeguards may limit any non-swimmer to the shallow end of the pool to ensure swimmer safety.**
	2. A “Swimmer” is able to complete the American Red Cross Water Competency test easily and on command.
	3. **Water Competency Test :** Jump into deep water from the side, recover to the surface, maintain position by treading or floating for 1 minute, rotate 1 full turn then turn as necessary to orient to the exit point, level off, swim front crawl and/or elementary backstroke for 25 yards, then exit the water.
	4. Refusal to leave when asked, belligerent, aggressive, or hostile behavior will require Lifeguards to contact the police.
10. **Lap Swim-** Lap lanes must be shared. Circle Swim is mandatory in with more than 2 swimmers in a lane. Members must circle swim if requested or they may climb out and wait for another lane to open up.
11. **Groups/Swim Teams/Parties** –
	1. Groups of 6 or more may be turned away for safety reasons. Rental requests minimum of 30 days in advance**.**
	2. Groups/teams/parties may not gather at the pool via daily walk-in passes without prior approval from the Pool Director.
12. **Swim lessons must be taught by a certified staff member.** Anyone suspected of teaching swim lessons will be asked to leave.
13. **Violation of any rules may result in loss of pool privileges.** Any patron who becomes verbally abusive, or does not adhere to the rules and regulations adopted by the Parks and Recreation Commission will be suspended as follows:

**1st Offense =** 1 month suspension, **2nd Offense =** 6 month suspension, **3rd Offense =** Indefinite suspension

**Any threat of physical abuse will result in an indefinite suspension.** Any patron suspended may make a written request for a hearing before the Parks and Recreation Commission within 5 days of receipt of notification of suspension.